

# 2023

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## Annual & COMMUNITY BENEFIT REPORT



**Parkside**  
Psychiatric Hospital & Clinic

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## A MESSAGE FROM LEADERSHIP

Dear Parkside Community,

We're excited to present this document that uniquely encapsulates the essence of Parkside's commitment to the well-being of our community, which serves as both an Annual Report and a Community Benefit Report for 2023.

Over the past year, Parkside has witnessed significant milestones that have shaped our approach to mental health care. We are proud to share the successful recruitment of four dedicated psychiatrists from outside the state, reinforcing our commitment to ensuring a robust team of professionals to meet the growing demand for mental health services in Eastern Oklahoma.

In response to the evolving needs of our community, Parkside has transitioned to a youth-focused inpatient hospital. This transformative shift has led to the establishment of Momentum, designed to meet the developmental needs of young adults aged 18 to 26. Acknowledging the unique challenges faced by this demographic, Momentum embodies our dedication to providing tailored, age-appropriate care to support individuals on their journey to mental health and well-being.

Furthering our commitment to comprehensive care for all age groups, we are thrilled to announce the opening of the Tween Unit, providing specialized care for pre-adolescents aged 10 to 12. Additionally, our Adolescent Unit is undergoing expansion, as we actualized 20 beds to accommodate the increasing demand for services tailored to the needs of teenagers in our Oklahoma region.

As we present this consolidated report, we invite you to explore the synergy between our financial stewardship and the impactful community initiatives that define Parkside. We remain dedicated to transparency, innovation, and excellence in mental health care. With your continued support, we look forward to advancing our mission and serving the mental health needs of our community for years to come.

Sincerely,



Jim Serratt  
CEO, Parkside



Brett Lessley  
President of Board of Directors

# ABOUT US

Established in 1959, Parkside Psychiatric Hospital & Clinic is dedicated to providing outstanding mental health treatment and support services to our Eastern Oklahoma community and beyond.

As a private, non-profit psychiatric hospital, our unwavering commitment to the well-being of individuals living with mental illness has shaped our journey for over 60 years. Initially focused on serving adults, we have evolved to meet the dynamic needs of our Oklahoma community, and this past year marked a significant milestone as we transitioned to become a youth-oriented inpatient hospital.

Parkside provides inpatient behavioral health services to children as young as age 5, adolescents, and young adults aged 18 to 26 in our recently launched Momentum program.

The heart of Parkside lies in our caring and experienced team of health professionals, who continue to uphold our mission and provide compassionate care to those we serve. With 120 inpatient beds and a range of outpatient services, our organization remains steadfast in its commitment to fostering mental health and well-being.

Our ACCESS department, which is operational 24/7, stands ready to assist with referrals, benefit inquiries, and any other support our community needs when mental health crises arrive. As we reflect on our rich history, we look forward to the continued privilege of serving and supporting the mental health needs of our community.

## **Parkside's services include:**

- **Inpatient (Acute) Hospitalization**
  - + **Children (5-9)**
  - + **Tween (10 - 12)**
  - + **Adolescents (13 - 17)**
  - + **Young Adults (18-26)**
- **Residential Psychiatric Treatment**
  - + **Children and Adolescents**
- **Outpatient Treatment Services**
  - + **Chemical Dependency Intensive Outpatient Program**
  - + **Group Therapy**
  - + **Individual Therapy**
  - + **Medication Management**



# 2023 BOARD OF DIRECTORS

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**Brett L. Lessley**  
**President**



**Angela Baker**  
**Vice President**



**Ryan Lynch**  
**Treasurer**



**Kirby Crowe**  
**Asst. Secretary/Treasurer**



**Catherine Anderson**  
**Director**



**Rosemary Harris**  
**Director**



**Kathy LaFortune, JD, Ph.D**  
**Director**



**Hugh Robert, JD**  
**Director**



**Cassie Reese Tipton**  
**Director**



# CLINICAL LEADERSHIP



Overcoming the challenge of psychiatrist scarcity in Oklahoma is a noteworthy achievement for Parkside. By successfully recruiting four out-of-state psychiatrists this past year, Parkside addressed a critical gap in mental health services that demonstrates our commitment to community well-being.

This accomplishment not only elevates the standard of care but also positions Parkside as a leader in tackling regional healthcare challenges, showcasing resilience and dedication in the face of workforce shortages.

## MEET OUR CLINICAL LEADERSHIP TEAM



**Zachary Sullivan, D.O.**  
Chief Medical Officer



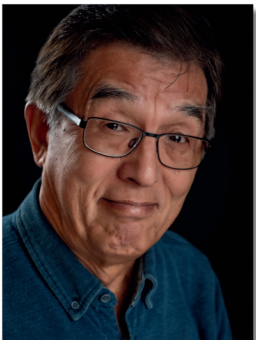
**Dion Owens, M.D.**  
Director - Momentum



**Anton Surja, M.D.**  
Director - Teen



**John White, M.D.**  
Director -Adol. Acute



**Marvin Jin, M.D.**  
Director of Children's  
Inpatient



**Matthew Sharp, D.O.**  
Director - Youth



**Kevin MacDonald, M.D.**  
Director - Tween



**Michelle Sharp, D.O.**  
Director - Outpatient

# 2023 HIGHLIGHTS - AT A GLANCE



**Statewide Psychiatric Inpatient Medicaid Rate Increase FIRST in 16 YEARS; Effort Led by Parkside.**



**1,447 Patients and 4,447 Family Members Served Through By Your Side Program**



**Four New Psychiatrists Recruited**



**8,248 inquiries for service (includes calls, walk-ins, etc.)**



**Increase from 80 to 100 Acute Pediatric Beds**



**\$741,160 in Uncompensated Care Provided**



**Youth Services Expanded to Tween Unit**



**196 Nursing Students Attended Parkside for Clinical Rotations**



**Momentum Program Opened for Young Adults**



**+\$46,000 Raised for Patient Assistance Program at TULSA DOG RUN Event**

# YOUTH PROGRAM EXPANSION

By focusing on youth-oriented behavioral health, Parkside aims to create a compassionate and nurturing environment tailored to the unique challenges young individuals may encounter.

Parkside recognizes the growing mental needs faced by youth, and this shift allows us to provide targeted care while also fostering treatment support during crucial development stages.

This aligns with our mission to be a beacon of hope and healing for our community, ensuring that the next generation receives the dedicated care necessary for both their mental well-being and future successes.



**Increase from  
80 to 100 acute  
pediatric beds**



**Youth Services  
Expands to  
Tween Unit**



**Momentum Program  
Opens for  
Young Adults 18-26**



**8,248 Inquiries  
for Service  
(Includes Calls, Walk-  
Ins, Walk-Overs)**



**3,194 Inpatient  
Admissions,  
734 Outpatient  
Admissions**

# BY YOUR SIDE PATIENT ASSISTANCE PROGRAM



The *By Your Side Patient Assistance Program* at Parkside receives funding from various sources, including Parkside, its dedicated employees, the supportive board of directors, and the local community, through donations and our annual TULSA DOG RUN event.

## IN 2023, PARKSIDE SERVED...

- 1,447 Parkside clients through the By Your Side Patient Assistance Program
- 4,447 family members of clients.
- 80 complete Easter dinner meal sets, including ham and side dishes, along with 111 turkey dinner baskets and 116 complete holiday dinner sets distributed to families in need.
- 367 new books distributed to encourage reading.
- 45 cases of Ensure Dietary Supplement, along with adult and child vitamins as requested.
- 984 clothing vouchers at up to \$10 each for a total value of \$9,840.
- Transportation assistance to ensure appointments, vital transportation needs at discharge totaling \$9,198.



If interested in donating, please go to:  
[www.Parksideinc.org/Donate](http://www.Parksideinc.org/Donate)

# TULSA DOG RUN: BY YOUR SIDE 5K & 1-MILE



## A BARKING SUCCESS!

The 2023 **TULSA DOG RUN**, held on October 7, witnessed a remarkable 61% increase in attendance with close to 300 participants, showcasing our growing community support.

Thanks to the dedication of volunteers, sponsors, and donors, the event successfully raised over \$46,000 for the By Your Side Patient Assistance Program, reflecting a substantial 54% increase in net profit from the previous year.

This significant contribution ensures vital resources and support for Parkside's services, leaving a positive and lasting impact on the lives of many in our community.

For more information, go to:  
[www.TulsaDogRun.com](http://www.TulsaDogRun.com)



## **HOPE BUILDERS \$100,000+**

Tulsa Psychiatric Center

## **CARING CONTRIBUTORS \$50,000+**

Morningcrest Healthcare Foundation

## **COMPASSION CHAMPIONS \$25,000+**

George Kaiser Family Foundation

The Grace and Franklin Bernsen Foundation

## **MINDFUL SUPPORTERS \$10,000+**

George and Jennie Collins Foundation

Hardesty Family Foundation

The Sharna & Irvin Frank Foundation

Pediatric Healthcare Fund

## **HEALING PATRONS \$5,000+**

Regent Bank

Saint Francis Health System

Tails & Ales

## **THERAPEUTIC ALLIES \$2,500+**

Blue Cross and Blue Shield of Oklahoma

Exceptional Leaders Lab

Modern Woodmen of America

Paycom

Sherwood & Robert

Trust Company Oklahoma

## **RESILIENCE PARTNERS (\$1,500+)**

Barrow & Grimm, P.C.

CommunityCare

Dewberry

Genoa Healthcare

J. A. LaFortune Foundation

J.D. Young Business Technologies

Brett A. Lessley

Teresa & Jim Serratt

Williams

## **HELPFUL SUPPORTERS \$1,000+**

Admiral Express

Conner & Winters, LLP

PMg

Sterling Elevator Service

Sundance Office

Techsico

Frances E. Whisman

## **SERENITY SUSTAINERS \$500+**

The Bama Companies

Patricia Collins-Jackson

Janet Crupper

Mental Health Association Oklahoma

Premier, A Relation Company

Rich & Cartmill Insurance & Bonds

Cynthia Rorie

Rosenstein Fist & Ringold

Dr. Anton Surja

## **COMMUNITY CARE LEADERS \$250+**

Anago of Tulsa

Angela Baker

Gary Broom

Cassandra Burks

Karen Canter

Commercial Power Solutions, LLC

Dogtopia

Empire Petroleum Corp.

Patrica Erwood

First National Bank Broken Arrow

Gail Flack

Derek Frazier

Dr. Marvin Jin

Angie Johnson

Kimberly-Clarke

KKT Architects

Maxwell Healthcare Associates

Bobbie McClendon

## COMMUNITY CARE LEADERS \$250+ (CON'T)

MIDCON Data Services  
Dr. Dion Owens  
PHS - Portable Health Solutions  
Rational Reactions, LLC  
Eric Sachau  
Stanford Sharpe  
Summit Fire & Security  
Ek Syvongsa  
Tulsa Dog Training Club  
Dimo Virostko  
Western Associates, Inc.

## MENTAL HEALTH ADVOCATES \$100+

Debra Beasley  
Debra Dennis  
Ashley Estrada  
Kristie Irby  
Jennifer Jones-Reid  
Lily Mathew  
Kenneth Moore  
Naomi Nite  
Christine Peterson  
James Pollard  
Willie Roundtree  
Darlene Sakelaris  
Rebekah Snowden  
Joanna Stewart  
Masi Tallman  
Deanna Thompson  
Brianna Walton  
Lisa West  
Alice Wilson

## FRIENDS OF PARKSIDE >\$100

Melody Abraham  
Jenna Altom  
Catherine Anderson  
Mavis Asare

## FRIENDS OF PARKSIDE >\$100 (CON'T)

Susan Brian  
Charles Bullard  
Shelley Butler  
Donald Cagle  
Amber Canady  
Emily Carter  
Tina Cooper  
Logan Curtis  
Robert Dattala  
Tuyet Dawson  
Donna Dorsey  
Denisa Fields  
Rebecca Foust  
Jaunita Galvillo  
Charleeka Garrett  
Josh Gorman  
Leah Graham  
Julie Graves  
Jennifer Grosso  
Brandie Herren  
Jacquelynn Hewitt  
Macy Hightower  
Shannon Hillier  
MacKenzie Hoover  
Shannan Hurst  
Mary Kilpatrick  
Lucy Kinkade  
Craig Kovin  
Gary & Susan Kruse  
Teianh Lampkin  
Megan Leupen  
Robert Lewis  
Markeisha Mays  
Sonya McJunkin  
Meg McMahon  
Yasman McNeal  
Jeff Mitchell  
Holli Morris

Rhonda Morrow  
Tara Moseby  
Leslie P. Osburn  
Epigmenio Plascencia  
Sue Pocza  
Arthenia Schumpert  
Heather Seiger  
Stephanie Sixkiller  
Neverlyn Sumlin  
Nikki Sunday  
Fondrea Taylor  
Thaddeus Taylor  
Tomi Treat  
Kristy Turney  
Jamie Tyler  
Sara Urner  
Paul Van Meter  
Catherine Wolf  
Kimberly Woodmansee  
Rhonda Young

## IN-KIND DONORS

Admiral Express  
Food on the Move  
Green Country Vendors, Inc.  
News on 6  
Sensus Marketing  
Sundance Office  
Tulsa People/The Dog Dish

# FINANCIAL OVERVIEW

## STATEMENT OF FINANCIAL POSITION

Years ended December 30, 2023 and 2022

ASSETS	2023	2022
Cash and cash equivalents	\$ 2,692,205	\$ 6,075,978
Certificates of Deposit	750,000	750,000
ICS ERC Account	1,363,472	-
Patient receivables	4,372,145	1,155,880
Less: allowances for doubtful accounts	(1,615,136)	-
Other receivables	370,272	55,117
Supplies	63,099	65,739
Prepaid expenses and other current assets	197,579	421,619
Total current assets	8,193,635	8,524,333
PROPERTY AND EQUIPMENT		
Net property and equipment	23,260,013	24,106,409
TOTAL ASSETS	31,453,648	32,630,742
LIABILITIES AND NET ASSETS		
CURRENT LIABILITIES	\$	
Accounts payable	416,256	240,729
Accrued expenses	895,883	1,027,620
Total Current Liabilities	1,312,142	1,268,349
NET ASSETS		
Without donor restrictions	31,415,155	31,331,464
With donor restrictions	35,000	30,744
Total net assets	31,450,155	31,362,208
Adjustments	(1,308,648)	-
TOTAL LIABILITIES AND NET ASSETS	\$ 31,453,648	32,630,739

# FINANCIAL OVERVIEW

## STATEMENT OF ACTIVITIES

Years ended December 30, 2023 and 2022

### REVENUES AND GAINS, AND OTHER SUPPORT

	2023	2022
Patient service revenue, net of contractual	\$ 15,828,960	\$ 12,286,856
Provision for doubtful accounts	(506,726)	(656,122)
Net patient service revenue	15,322,233	11,630,734
Other revenue	1,229,454	131,375
Total revenues and gains, and other support	16,551,688	11,762,109

### EXPENSES

Salaries, wages, and benefits	18,775,716	14,042,656
Professional fees	1,531,378	1,982,283
Supplies	1,159,986	890,187
Other expenses	6,333,565	5,482,842
Total expenses	27,800,646	21,508,569
OPERATING LOSS	(11,248,958)	(9,746,460)

### OTHER INCOME (AND EXPENSE)

Interest income & contributions	186,627	55,000
Contributed use of building space	1,494,792	1,494,792
Supplemental hospital offset payment income, net	6,925,657	6,352,737
ERC	1,333,233	-
Total other income	9,940,310	7,902,529
Excess (deficiency) of revenue over expenses	(1,308,648)	(1,742,542)
NET ASSETS, beginning of year	32,762,296	33,104,932
NET ASSETS, end of year	\$ 31,453,648	\$ 31,362,390

# OUTREACH & COMMUNITY INVOLVEMENT

## 1ST QUARTER 2023

Business Development documented 180 outreach visits touching at least 619 individuals, organized community meetings, and events including:

### January

- Annual Conference for NAMI Oklahoma, Oklahoma City
- General Partnership Meeting, Delaware County Community Partnership
  - Oklahoma Inpatient Hospital Roundtable Meeting
    - Haskell County Coalition
    - Okmulgee Consortium
  - Coalition Against Prescription Substance Abuse of Tulsa
    - Creek County Community Partnership (C3P)
  - Addiction & Mental Health Networking Meeting (AMP)
- MH & SUD Committee Meeting - Delaware County Community Partnership
- Mock Interviewing for Workforce Development - Tulsa Technology Center - Lemley Campus
  - Grand Opening - Jay Urgent Recovery Center, Jay OK
- ODMHSAS – State Advisory Team Meeting – Systems of Care
  - Oklahoma Psychiatric Hospital Association
- Inclusion/Tour Parkside OJA - Tulsa Co. JSU Hospital Liaison

### February

- ODMHSAS – State Advisory Team Meeting - Systems of Care
  - Oklahoma Psychiatric Hospital Association
  - Inclusion/tour of Parkside – TU Psychology students
- Coalition Against Prescription Substance Abuse of Tulsa
  - Creek County Community Partnership(C3P)
    - 211 Help Line/Comm. Srv Council
    - Atoka/Coal Counties Partnership
- Indian Health Care Resource Center- Tulsa Indian Community Advisory Team
  - Addiction & Mental Health Networking Meeting (AMP)
- Mock Interviewing for Workforce Development - Tulsa Technology Center - Lemley Campus

### March

- Inclusion/Tour Parkside - Indian Healthcare Resource Center Behavioral Health Director & Staff
  - Mental Health Association Oklahoma Legislative Advocacy Committee
- Tulsa Nonprofit Luncheon Hosted at Parkside Psychiatric Hospital & Clinic
  - ORU Career Fair at Oral Roberts University
- Provider Advisory Committee, Blue Cross Blue Shield Of Oklahoma
  - Social Work Summit 23 Conference, Tulsa OK

# OUTREACH & COMMUNITY INVOLVEMENT

## 2ND QUARTER 2023

Business Development documented 161 outreach visits touching at least 725 individuals, organized community meetings, and events including:

### April

- OHA Legislative Reception
- OHA Advocacy Day at the Capitol
- Oklahoma Psychiatric Hospital Association
- Career MD Physician Recruitment Reception – Skirvin Hotel, Oklahoma City
- ODMHSAS Children's Behavioral Health Conference 2023
- OPHA Hosted Coffee Chat at the Capitol
- Tulsa Partnership for Children's Behavioral Health Meeting
- Tour/Inclusion Jenks Police Department Mental Health Officers Toured Parkside
- Washington County Association for Mental Health

### May

- Oklahoma Psychiatric Hospital Association
- Oklahoma Counseling Institute Conference, Oklahoma City
- Muskogee Inter-Agency Council
- Oologah Community Connections Meeting
- Union Public Schools -Hope-Guidance-Social-Emotional-Learning Meeting
- Partners for Ottawa County, Inc. (POCI Meeting)
- Tulsa Partnership for Children's Behavioral Health
- Mental Health Walk 2023, Tulsa River Parks

### June

- Conference - Oklahoma Parents Center
- Oklahoma Family Empowerment Center Community Health Fair
- Family Fun in Sun Event hosted by Mayes County Health Department
- Lunch Meeting Strength of Mind Providers
- Tulsa Nonprofit Luncheon Hosted by Parkside Psychiatric Hospital & Clinic
- Crisis Intervention Team training (CIT) Tulsa Police
- Conference - Oklahoma Association of School Resource Officers

# OUTREACH & COMMUNITY INVOLVEMENT

## 3RD QUARTER 2023

Business Development documented 300 outreach visits touching at least 506 individuals, organized community meetings, and events including:

- Advisory Board meeting - CREEKS Behavioral Health – TULSA
- OKDHS Child Care Advisory Committee - DHS - State Offices
- Exhibit - Out of the Darkness Walk Benefiting American Foundation for Suicide Prevention
- One Voice Health Care Task Force - Tulsa Regional Chamber of Commerce
- Inclusion/Tour Parkside – Indian Healthcare Resource Center Substance Abuse Therapists
- Inclusion/Tour Parkside - Admin and Behavioral Staff from Wagoner Hospital
- Inpatient Hospital Roundtable Meeting
- Managed Care Payer Day - Oklahoma Hospital Association
- Presentation to Staff Meeting - Samaritan Counseling & Growth Center
- ODMHSAS – State Advisory Team meeting – Systems of Care

## 4TH QUARTER 2023

Business Development documented 378 outreach visits touching at least 850 individuals, organized community meetings, and events including:

- Addiction & Mental Health Networking Meeting (AMP)
- Oklahoma Health Care Authority Behavioral Health Advisory Committee (BHAC) Meeting
- DHS - State Child Care Advisory Committee
- CIT Training Tulsa Police Department
- Oklahoma School Counselor Association Conference
- Oklahoma Indian Child Welfare Association Conference
- Oklahoma Drug & Alcohol Professional Counselors Assn. Conference
- NAMI – Tulsa Holiday Meeting
- Inclusion/Tour – The Spring Domestic Violence Shelter
- Broken Arrow Police Department CIT Training
- Partners for Ottawa County, Inc. (POCI Meeting)
- Momentum Conference Oklahoma Department of Mental Health & Substance Abuse Services
- Oklahoma Coalition Against Human Trafficking (OCAT) 10-year Anniversary and Awards
- Oklahoma Hospital Association Convention 2023
- Oklahoma Psychiatric Hospital Association Annual Meeting

# PROFESSIONAL EDUCATION OPPORTUNITIES

1/12/2023 - 1.0 CEU

## **When, How and Why to Teach Self-Compassion to Clients**

Presented by Mary Nurrie Stearns, LCSW, RYT

2/9/2023 - 1.0 CEU

## **When, How and Why to Teach Emotional Freedom Techniques (EFT) to Clients**

Presented by Mary Nurrie Stearns, LCSW, RYT

4/28/2023 - 3.0 CEUs

## **Trauma-Informed Care and Ethics for Licensed Mental Health Professionals**

Presented by Mercedes Alvarado, LPC

6/9/2023 - 3.0 CEUs

## **Cognitive Behavior Therapy: Skills for Transdiagnostic Treatment**

Presented by Lisa Cromer, Ph.D.

8/11/2023 - 1.0 CEU

## **MAST, DAST, AUDIT & More; Evidence-Based Screening & Assessment Tools for Substance Use**

Presented by Stevi Harper, LPC, LADC

9/28/2023 - 2.0 CEUs

## **When Trauma Worlds Collide: Play Therapy Interventions for Families**

Sharolyn Wallace, Ph.D., LCSW, RPT

10/12/2023 - 3.0 CEUs

## **Fentanyl: A Poisoning and Anesthetizing of Our Nation**

Amanda Hammack, LPC

10/23/2023 - 1.0 CEU

## **43A Mental Health Law Refresher**

Presented by Jonna Reynolds-Public Defender; Wilma Palmer-Judge; Stan Lane-District Attorney; Ashley Darby-Clerk; Christi Bohn-District Attorney Legal Assistant; Megan Harlow-Liaison

12/15/2023 - 6.0 CEUs

## **The Neuroscience of Addiction, Trauma, & Attachment: Clinical Implications for Adults & Adolescents**

Presented by Jennifer Sweeton, PsyD



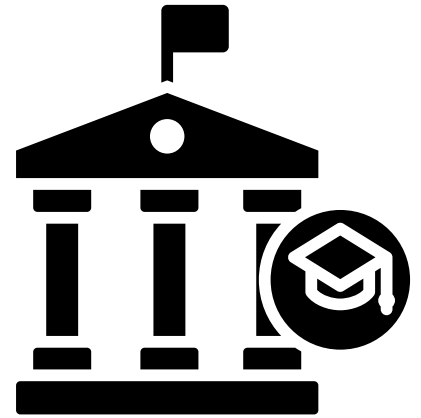
# TRAINING THE NEXT GENERATION

Parkside has engaged in cooperative agreements with academic programs in the area, as well as institutions of higher education. These opportunities include internships and clinical rotations.

A total of 196 Nursing and Paramedic students from the following schools came for clinical rotations in psych in 2023.

Nursing students from the following schools came for clinical rotations in psychiatry in 2023:

- Oklahoma State University Institute of Technology
- University of Oklahoma
- Tulsa Community College
- Rogers State University
- Langston University
- Tulsa Tech
- University of Tulsa
- Oklahoma Wesleyan University
- Oral Roberts University



## CHARITY CARE, SUBSIDIZED CHARITY CARE, AND BAD DEBT

Parkside prides itself in providing care to everyone, regardless of their ability to pay. We accept Medicare, Medicaid, and most private insurance. While claims are prepared to collect for the services we provide, vital and emergency inpatient treatment services are provided, even if payment is not assured.

Uninsured or underinsured patients are assisted in determining eligibility for subsidized health coverage or for Parkside's financial assistance or charity care program. This includes free or discounted health services, provided to those that meet the aforementioned guidelines.

Bad debt refers to a measurable, unrecoverable sum that falls within the responsibility of patients but remains unpaid. Bad debt at Parkside represents the expenses incurred due to services provided to patients where anticipated payments were not received. Various factors contribute to this, such as uninsured patients with incomes surpassing financial assistance guidelines yet unable to afford services, or insured patients facing challenges with co-pays and deductibles.

Parkside is committed to assisting patients during financial difficulties, offering support through our Business Office, connecting them with financial aid programs, and establishing manageable payment plans. Additionally, a portion of bad debt may arise from eligible patients who, despite qualifying for financial assistance, did not apply.

Here are the totals for these types of care:

### UNCOMPENSATED CARE FOR 2023

- **Charity** - \$234,434 = 1.48 % of Net Patient Revenues
- **Bad Debt** - \$506,726 = 3.20 % of Net Patient Revenues
- **Total** - \$741,160 = 4.68% of Net Patient Revenues

# GIVING BACK TO OUR COMMUNITY

## 2023 DONATIONS AND COMMUNITY SUPPORT

### **\$500 Sponsorship**

Murrow Indian Children's Home fundraising Powwow

### **\$250 Donation**

Youth Emergency Shelter, McAlester, OK– emergency call for funding help subsequent to pipes freezing and related storm damage

### **\$250 Sponsorship**

Pause 4 Paws fundraiser

### **\$5,000 Sponsorship**

Mental Health Association Oklahoma Carnivale gala fundraiser

## COMMUNITY PROJECTS



Six trauma-informed yoga videos offered to the public at no charge and generously sponsored by the Hardesty Family Foundation.



Scan the QR Code  
to watch the videos



And watch more videos at:  
<https://parksideinc.org/resources/traumainformedyoga>

**MISSION:** To provide outstanding mental health and support services.

**VISION:** Parkside will be the psychiatric care provider of choice for patients and professionals.

**VALUES:** Integrity, Teamwork, Passion, Resilience, Excellence,  
Innovation, Customer Service, Respect & Dignity,  
Leadership, Patient-Centered, Community Service

## Parkside Psychiatric Hospital & Clinic

### Introducing Parkside's 2024 Board of Directors:

Brett Lessley, President

Jim Serratt, Vice President

Kirby Crowe, Vice President/Treasurer

Allan Polhill, Secretary

Hugh Robert, JD, Assistant Secretary

Catherine Anderson

Angela Baker

Brandon Keppner

Kathy LaFortune, JD, Ph.D

Ryan Lynch

Cassie Reese Tipton